



From Mexico to Colombia



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Passerinvest

Filadelfie Building

Travel Evening: From Mexico to Colombia

Alone and Without a Care in the World

When: Wednesday, 6 March, from 5:30 p.m.

Where: Sommellerie wine bar, Filadelfie Building shopping arcade,
Želetavská 1525/1

Speaker: Lenka Kosmatová

A travel evening that debunks myths about dangerous countries, travelling at a young age, hitchhiking and traveling as a single girl. Getting to know the cultures of less familiar countries such as Mexico, Guatemala, El Salvador, Honduras, Nicaragua, Costa Rica, Panama and Colombia. A talk about the unexplored beauties of our planet and the fact that there are still more good than bad people in the world.

You'll get lots of important advice and tips on how to drive through these countries safely and without any hassle.

Brumlovka.

Brumlovka Building

VIP Dating

When: Thursday, 7 March, from 6:00 and 8:00 p.m.

Where: Coffee Perk, Brumlovka Building, Vyskočilova 1100/2

Do you have higher expectations of yourself and your potential partner? Know exactly what you're looking for and don't want the bother of searching online dating sites?

Try our VIP date night.

6:00 – 8:00 p.m.	women aged 33-45, men aged 40-50 – CZ
8:00 – 10:00 p.m.	women aged 22-35, men aged 30-40 – CZ

Brumlovka.

Dating.

**SEZNAMKA
ŽWAKOVI**



VIP Dating



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Passerinvest

Workshop.



Spring Alps–Golden Ski Mountaineering Season



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Passerinvest

Building B

Workshop: Spring Alps Golden Ski Mountaineering Season

When: Thursday, 7 March, from 5:30 to 7:00 p.m.

Where: FLEKSI, Building B, Vyskočilova 1422/1a

Do you love the mountains, but are bored of skiing down the same hills over and over again? Discover "skimo", or ski mountaineering. What will you learn during the talk? How to start and how to choose the proper equipment, from apparel to skis and avalanche gear. Where to go and, especially, where not to go. How to enjoy ski mountaineering in the Alps in spring, including recommendations for the best routes for beginners and advanced skiers. And of course, we'll be going over the basics of safety and preventing avalanches.

The workshop will be hosted by Michal from Running2.cz, a blogger, passionate runner, certified ski mountaineering instructor and guide.

Workshop price: **CZK 100 / hour**

(Free entry for Fleksi members)

Registration: marika.duchonova@passerinvest.cz

Brumlovka.

Building B

Workshop: How to Get into Healthy Habits and Stay Motivated

When: Wednesday, 13 March, from 5:30 p.m.

Where: FLEKSI, Building B, Vyskočilova 1422/1a

Lecturer: Andrea Mokrejšová

Most bad habits are down to a hectic lifestyle, and the consequences can be unpleasant or even fatal, both physically and mentally. This has an impact on our performance, concentration, and our ability to enjoy life to the fullest. That's why it's important to take care of your body and how you eat. But our workshop will show that it doesn't have to be a science or too much effort.

We'll show that a healthy lifestyle and healthy diet are not about strict restrictions and limiting yourself. You'll walk away with tips on how to start making a gradual and sustainable change that will leave you healthier and happier.

Workshop price: **CZK 100 / hour**

(Free of charge for Balance Club Brumlovka and Fleksi members)

Registration: marika.duchonova@passerinvest.cz

Brumlovka.

Workshop.



How to Get into Healthy Habits and Stay Motivated



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Passerinvest

Workshop.



Easter Wreath



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Passerinvest

Filadelfie Building

Workshop: Easter Wreath

When: Thursday, 14 March, from 5:30 to 8:00 p.m.

Where: Filadelfie Building shopping arcade, Želetavská 1525/1

Come and make your own Easter wreath as the perfect decoration for your door or home. We'll help you make it and give you hints and tips on how to decorate the wreath.

The price of the course includes a wicker body, natural materials, Easter decorations, florist materials and loan of working tools. You'll take the wreath you make home with you. The course is also suitable for beginners.

Workshop price: **790 Kč / person**

Capacity: **10–20 people**

Registration: marika.duchonova@passerinvest.cz

On the day of the workshop, participants can claim a **10% discount on all products** at our Květiny Romantika shop.

Brumlovka.

Brumlovka Square

Asia at Brumlovka

When: Thursday, 14 March, from 11:00 a.m. to 3:00 p.m.

Where: Náměstí Brumlovka, Vyskočilova 1100/2

We invite you to Asia at Brumlovka on **Thursday 14 March** at Náměstí Brumlovka. And what can you try? Banh-mi baguettes, poké bowls, fresh or fried rolls, pho soup and Indonesian specialties. For dessert, we recommend exotic fruit ice cream or desserts with raw chilli.

There will be music to accompany your lunch.

We look forward to seeing you!

Brumlovka.

Food festival.



Asia at Brumlovka



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Passerinvest

Dance lessons.



Dance lessons at brumlovka



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Passerinvest

Filadelfie Building

Dance lessons at brumlovka

When: Wednesday, 20 March, from 7:00 p.m.

Where: Filadelfie Building shopping arcade, Želetavská 1525/1

Come and dance with us free of charge with Lenka Nora Návorková – multiple winner of the Czech Republic Latin American Dance Championship and contestant in the StarDance television competition.

In March, we'll be focusing on two Latin American dances, the chacha and rumba, during our dance lesson at Brumlovka. Both dances originate from Cuba and have much in common. Come and dance a lively chacha and a sensual romantic rumba. We'll be dancing solo and in pairs, so make the most of the opportunity and come along to Brumlovka.

We look forward to seeing you.

Brumlovka®

Building B

Workshop: Dot Painting Mandalas

When: Thursday, 21 March, from 5:30 p.m.

Where: FLEKSI, Building B, Vyskočilova 1422/1a

Each of us has creative potential. Let's find it and develop it together with Helena McAlorum, enriching our life with a new dimension.

You can enjoy the light technique of painting mandalas with acrylics on a 30x30 cm canvas. You'll learn to discover the creative power we all have within us. You'll gain perspective and patience as you paint and enjoy living in the moment. Lasts for approx. 3 hours. All the art supplies you need are included in the price of the workshop. We recommend coming in older clothes as you might get dirty from the paint. Designed for advanced adults and complete beginners.

Workshop price: **CZK 650 / hour**

Registration: marika.duchonova@passerinvest.cz

Brumlovka.

Workshop.



Dot Painting Mandalas



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Passerinvest

Talkshow.

Eduard Forejt



Brumlovka

Brumlovka Talks

When: Wednesday, 27 March, from 6:00 p.m.

Where: première online on the **Brumlovka FB profile**

Every month, we invite people, who we feel have something to say and whose professional or personal life is somehow associated with Brumlovka. We want to seek out inspiration and advice for you, but also to present life's victories and defeats.

Different person, different topic, each time on Brumlovka.

This month: Eduard Forejt

Eduard has devoted most of his career to commercial real estate, which he has specialised in since 2001. He considers it his personal and professional duty to share his experience and opinions with others to ensure that future generations do not go down the same dead ends. Moreover, he's not afraid to talk about things that are not exactly trendy. See for yourself... in the new episode of The Conversations.

Our traditional Conversations from Brumlovka will be presented by his **twin brother, Ing. Karel Forejt**, who will chat to him about offices, the market, coworking, FLEKSI, coping with cancer, and love for God.



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Brumlovka.

Alpha Building

Exhibition: Jiří Prokop - Silence in the Painting

When: 4–30 March

Where: Alpha Building, Vyskočilova 1461/2a

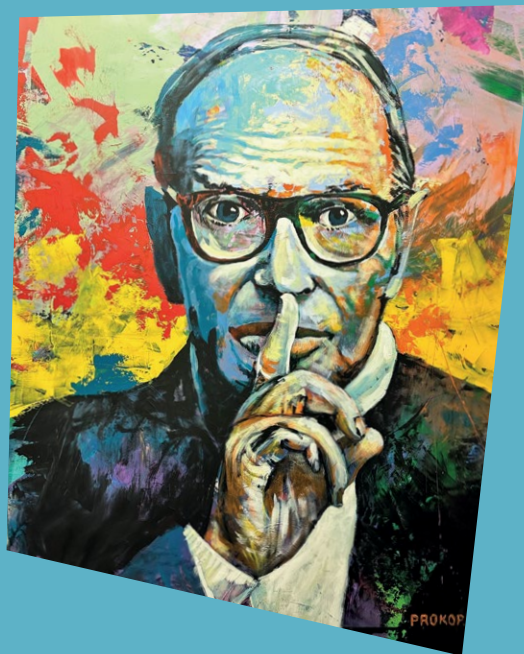
Jiří Prokop was born in South Moravia in 1973 and has lived in Prague since 1998, where he has been actively involved in drawing, painting and graphic art. He describes himself as an amateur self-taught artist with a passion for creation.

„I'm never satisfied with my thing, only when I'm doing it. I don't want my painting to explain something or point out a specific problem, I just want to show what goes through my head. There's nothing you need to know about my paintings in advance to understand them. Your interpretation is as good as mine,“ says Jiří Prokop.

Come and see his first exhibition in 2024. The works in the exhibition are for sale.

Brumlovka.

Exhibition.



Silence in the Painting



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Passerinvest

Clothing Bazaar.



Clothing Bazaar



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Passerinvest

Brumlovka

Bring and Buy: Clothing Bazaar

Sellers can now register!

When: Thursday, 25 April, from 9:00 a.m. to 19:00 p.m.

Where: FLEKSI, Building B, Vyskočilova 1422/1a

We would like to tell you in advance of the 4th bazaar of ladies'/girls' fashion and accessories at Brumlovka and to ascertain interest from potential sellers.

Ladies, if you would like to get involved as sellers, please register by **12 April at the latest** at the e-mail address marika.duchonova@passerinvest.cz.

The number of sales points is limited, changing rooms with mirrors will be arranged by the event organiser.

Brumlovka.

Brumlovka

Save the Date: Brumlovka Football Cup 2024

Time to start training.

When: Friday, 14 June 2024, from 08:00 a.m.

Where: FK Slavoj Vyšehrad, Mikuláše z Husí 1709, Prague 4

This year's traditional football tournament for companies based in Brumlovka will take place on Friday 14 June on the FK Slavoj Vyšehrad football pitch.

The tournament is intended for all our tenants who are sports enthusiasts (men and women). The matches are divided into two seven-minute halves and are played according to indoor football rules (Hanspaul League), i.e. with five players and a goalkeeper and four substitutes.

The full tournament rules can be **downloaded** [HERE](#).

Brumlovka.

Football Cup.



Brumlovka Football Cup 2024



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FLEKSI Open Day



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Passerinvest

Building B, Beta, Filadelfie

FLEKSI Open Day

When: Wednesday, 13 March, from 11:00 a.m. to 2:00 p.m.

Where: **FLEKSI Building B**, Vyskočilova 1422/1a | **FLEKSI Filadelfie**,
Želetavská 1525/1 | **FLEKSI Beta**, Vyskočilova 1481/4

We cordially invite you to the OPEN DAY of our FLEKSI branches in Brumlovka. Join us and discover the inspiring working environment and meeting rooms offered by our FLEKSI spaces. Programme:

Tour of the spaces – a look at our diverse range of workspaces, meeting rooms and community areas.

Networking meeting – join our community meeting over lunch, get to know our FLEKSI team members and others, make new friends and forge business ties.

Trial day – Want to try working at our FLEKSI coworking space for one full day for free? Be one of the first ten people to register and get „one-day free admission“.

Culinary treats – enjoy a tasting of fresh and delicious tapas

Competition for prizes

Come and see how our FLEKSI space can change your working life.



Brumlovka Building

Workshop: Healthy and Beautiful Teeth for Life. How to achieve it.

When: Thursday, 28 March, from 5:30 p.m.

Where: Balance Club Brumlovka

Balance Club Brumlovka and the Dentique Dental Centre are organising a workshop for its members called Healthy and Beautiful Teeth for Life. How to achieve it.

At this workshop with MUDr. Kristýna Krejsová, senior consultant at the Dentique Dental Centre, members will learn how to care for their teeth and effective means of prevention.

Programme:

- effective prevention - with and without a toothbrush,
- dental hygiene in practice (with a demonstration using a 3D model),
- the dentist's work - fillings, root canals, implants and other stories,
- everything you ever wanted to know about teeth but were too afraid to ask.

Due to limited capacity, please confirm your participation in advance by emailing eva.koterova@balanceclub.cz

balance
club
BRUMLOVKA





20%
DISCOUNT

FOR NEW CLIENTS

Filadelfie Building

Spring skin restart at the Radka Chvalová Beauty Studio

Can't wait to feel the spring sun shining on your face? The winter season has been stressful on your skin and now it needs some lavish care to prepare it for spring. Our beauty treatments will relax you and give your skin all the love it needs.

And with the approach of the 8th of March, a celebration of all women and femininity itself, it is the perfect opportunity to please the women you love with a gift voucher for some beauty treatment. In addition, new clients get a **20% discount** on their first treatment. Please make your **booking via the website**.

Beautiful skin, a more confident me!

Tel: **602 725 072**

**Radka
Chvalova**
Beauty
Studio

Brumlovka Building

Coffee Perk: Fun after work!

The popular Coffee Perk café is now open every Wednesday, so you can come

and sit down with a trendy mocktail. You're sure to enjoy the non-alcoholic cocktails prepared by top pros of the Prague bar scene, and it's the perfect place for anyone who prefers the sharper „alcoholic“ version, too, as both variants of cocktail are available.

Have fun after work... with friends and colleagues. Coffee Perk is looking forward to seeing you.





Alpha Building

Colourful Easter at Papýrek

With egg paints, stickers, „shirts“, ribbons, bags, napkins, postcards and more, Papýrek has everything you need to decorate or wrap your Easter gifts.

So call in and take a look.

Mon–Thu 9:00 a.m. – 6:00 p.m.

Fri 9:00 a.m. – 3:00 p.m.

Papýrek

Building B

KITStore: LEGO® flowers and plants that never wither

Charming LEGO® flowers and plants make perfect gifts to decorate your home and also add a touch of joy and originality to any interior. With a wide range of flowers and plants from the LEGO® Botanical Collection, you can create your own stunning floral decorations that are full of life and brilliant colours.

Each LEGO® flower comes with adjustable stems, leaves and petals, allowing you to create a completely unique arrangement. Whether you use LEGO® flowers to create a beautiful bouquet or arrange them individually, they always add an irresistible touch of joy and natural charm to any room.

The flower sets from the LEGO® Botanical Collection are a great gift not only for Valentine's Day, International Women's Day or birthdays, but also for many other occasions that deserve an original and creative approach.



KITSTORE





Building B

Zrno zrnko gets into electromobility

The popular Zrno zrnko bakery is now using two Ford all-electric vans to supply its stores. Without the emissions, noise and other downsides of cars with internal combustion engines.

The bakery has purchased two new electric vans through Arval, a specialist in operational leasing. Ondřej Kuchař, co-owner of the Zrno zrnko artisan bakery, says: „Our motivation is clear. We don't want to pollute Prague even more with noise and vapours as we travel between our shops. I think the text on the top of our vans captures this idea perfectly: A zero-emission ride, so that only our pastries smell and We drive so quietly that you can hear the crunch of our pastries.“

The unmistakable Zrno zrnko electric vans are specially designed to safely and gently transport bakery products. This means each pastry reaches its customers in perfect condition.

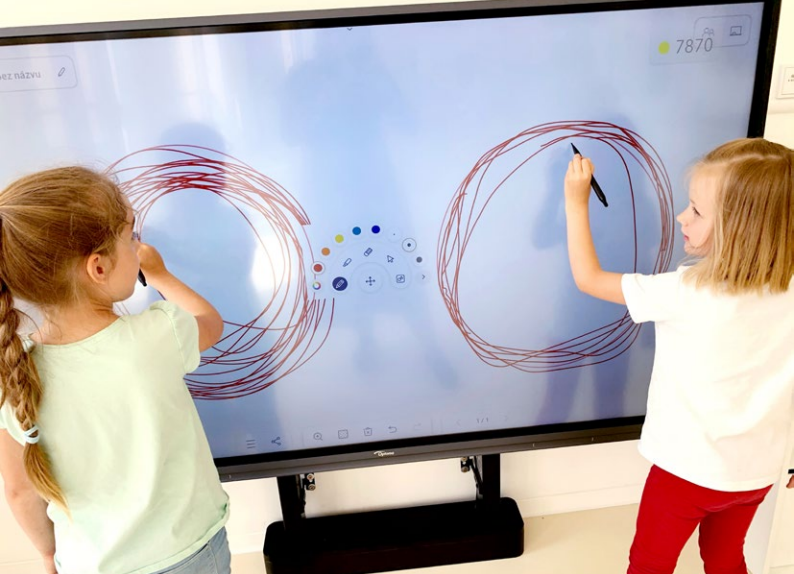
Olivka Building

Spring macarons at the Parkofka café

Welcome spring at Parkofka, with one of their delicate macarons all dressed up for spring. Plus, when you're feeling peckish, they're the perfect option for not overindulging. The size is just right and they come in a variety of flavours, colours and shapes. They're made from high quality almond flour, so they are naturally gluten-free.

The Parkofka café can be found in the Olivka building, very close to Brumlovka Park.





Olivka Building

Last places available in the Goldfish Pre-School Preparatory Class

The Goldfish class of the GENIUS kindergarten at Olivka offers a specially prepared programme primarily designed for the GENIUS elementary school. The children prepare for the transition from future first-grader to schoolgoer in the smoothest and most natural way possible, bonding and strengthening their relationships.

For more information and to arrange an individual tour, please email: info@genius-school.cz



Delta Building

Guildmaster at the Turnovská pivnice pub

All the meat, bakery and confectionery products at the Turnovská pivnice pub come directly from the Turnov workshop, now under the name Cechmistr, or Guildmaster. This enables them to check that the products used are of the highest quality throughout the entire production process. From the very beginning to the moment they are served at your table.

Moreover, everything is made from local ingredients, with no artificial colours or preservatives. In addition, the meat products are entirely free of gluten, „E numbers“ and other chemicals.

 **TURNOVSKÁ**
PIVNICE



PUB QUIZ

AT TURNOVSKÁ PIVNICE



MORE INFORMATION
AND REGISTRATION:



TEAMS FOR 2 - 8 PEOPLE

QUESTIONS FROM VARIOUS
TOPICS

Delta Building

Turnovská pivnice pub: Pub Quiz every second Monday

From Monday 4 March we'll be hosting the first Pub Quiz in the Turnovská pivnice pub. This popular game is ideal for groups of friends and especially colleagues as a fun team building activity, enabling everyone to bring their own particular skills into play. You can put together teams from individual departments or as a random mix. You might be surprised who's the most passionate quiz brain in your office.

The Pub Quiz will be held regularly, every second Monday, always from 6:00 p.m.

Brumlovka Building

Maranatha: Healthy, tasty, quality...and with a new salad bar

The **Maranatha vegetarian restaurant** has come up with a new attraction to appeal to lovers of good food as well as people with various dietary restrictions. Guests can choose from two types of soups from the discounted menu every day - a thick creamy one and a vegetable broth. The main dish on the discounted menu is also available in two variants - a classic version or a vegan gluten-free option. A major change has also been made to the lavish salad bar, where you can put your own dish together from the prepared ingredients.

The **Maranatha shop** offers Iswari breakfast mixes that serve as a hearty breakfast base to supply the body with everything it needs throughout the day. The mixes are easy to digest, gluten-free, high in minerals, have a low glycemic index and are prepared from „live RAW“ ingredients in several flavours. They are sweetened with coconut sugar.



Filadelfie Building

Engagement and wedding rings

Engagement and wedding rings are probably the most important jewellery you'll ever have and it is definitely worth taking the time to choose the right one. They symbolise a lasting union that ideally lasts a lifetime.

Discover original designs crafted by JK's master jewellers with an emphasis on quality and craftsmanship. Visit their shop and jewellery workshop at Brumlovka, where they'll be happy to help you choose and can also make individual custom jewellery. This means you're giving a personal piece of jewellery that expresses your feelings, devotion and love for the person who receives it.

With each piece of jewellery you receive a certificate of authenticity, recommendations on how to care for the jewellery and a lifetime warranty service every two years.

This will ensure that your jewellery will always stay shiny.



Filadelfie Building

B2B programme at We Hate Ironing

You can also use the services of We Hate Ironing online dry cleaning at your company. Drivers will pick up your laundry from your work at regular times, saving your employees a lot of time and hassle.

Laundry, cleaning or ironing can now be offered as a great employee benefit with regular collections from your chosen address.

 WE HATE IRONING



99 Neustále
porovnávat ceny?
To si mohu
ušetřit⁶⁶

Na dm dlouhodobé
ceny se mohu
spolehnout



Filadelfie Building

Shopping at dm drogerie in Brumlovka is always a bargain

At dm, customers can shop conveniently and save money at the same time, and they don't have to search for short-term discount offers and buy products to stock up, as they'll always find them at great prices at dm.

The wide range of products on offer at the dm store in Brumlovka includes quality private, exclusive and supplier brands in all areas of health and beauty care, baby care or home care at competitive prices. There's something for everyone in dm's varied assortment.

The dm store is open on weekdays from 8:00 a.m. to 7:00 p.m. and on Saturdays from 8:00 a.m. to 1:00 p.m.

Filadelfie Building

Tasty bowls at Puzzle Salads

Puzzle Salads offers healthy yet wholesome meals all year round. Try their current range of bowls.

In the Tex-mex bowl, enjoy basmati rice, bean ragout with three types of beans, spicy arugula, refreshing salsa fresca and roasted pork neck slices. All topped with sweet and spicy sweet potatoes, rich cheddar and a dash of fiery chipotle mayo.

A Sweet Chicken Bowl? That's also packed with exceptional flavours that are sure to warm you up. It contains basmati rice, crispy Asian slaw, delicious kecap manis chicken, sweet kecap manis sauce, black and white sesame seeds with a yummy chimichurri dressing.

So come and try the goodies on the current menu as well as your favourite regular treats.



**Tex-Mex
Bowl**



**Sweet
Chicken
Bowl**

