



Figure 1 Pick-up points at Brumlovka

If, the same as we do, you like to prepare for the Christmas holidays in advance and order presents for your nearest and dearest online, you can make use of pick-up points close to your offices. They are available 24/7.

Z-BOXES used by Zásilkovna can be found in two places, on Václava Sedláčka Street by the Gamma (O2) building and on U pomníku Street by the ČEZ building.

An ALZA BOX is located at the Za Brumlovkou parking lot, by the entrance to the Beta building garage.

Regardless of the deliverer (Česká pošta, PPL and others), packages can be stored in the **BLOCKS** in the Filadelfie building at the entrance to the offices from Želetavská Street. All you have to do to collect your parcel is register your telephone number. **You can find instructions HERE**.

We remind you that the main reception desks at the various buildings cannot accept personal consignments. Pick-up points are therefore an ideal way to collect a consignment in order and on time.



Dance lesson at Brumlovka

WHEN: Wednesday, November 3, from 7:00 pm, dance floor from 8:00 pm WHERE: Sommellerie, Filadelfie building, Želetavská 1525/1

We would like to warmly invite you to more dancing lessons. In November, you can look forward to an amorous Cuban rumba. Whether you are dancing solo or in a pair, we trust that we will enjoy the rumba together and that you will be enchanted not only by the beautiful, calm music but also by the choreography.

The dance teacher is Lenka Nora Návorková, champion of the Czech Republic several times in Latin American dance, winner of StarDance 2018, and the dance partner of Mirai Navrátil in the current season of this popular television competition.

Current pandemic measures will be followed at the event.





DANCE LESSON

AT BRUMLOVKA

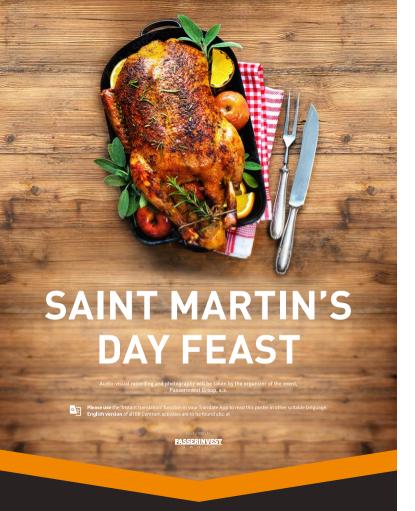
Audio-visual recording and photography will be taken by the organizer of the event,

Passerinvest Group, a.s.



Please use the "Instant translation" function in your Translate App to read this poster in other suitable language. English version of all BB Centrum activities are to be found also at





Saint Martin's Day Feast

WHEN: Thursday, November 4, from 11:00 am to 15:00 pm

WHERE: Brumlovka Square, Vyskočilova 1100/2

An integral part of November is the Saint Martin's Day Festival and roast goose. This month we will be able to enjoy it several times. On November 4, we are opening Saint Martin's Day Festival on Náměstí Brumlovka and during it, we will serve roast goose with sauerkraut and dumplings, pâté, goose liver, and other specialties, washed down with Moravian wine.

Live music will create a pleasant atmosphere during the midday program.





Institute of Modern Nutrition – Healthy nutrition and EMS exercises

WHEN: Thursday, November 4, from 5:30 pm

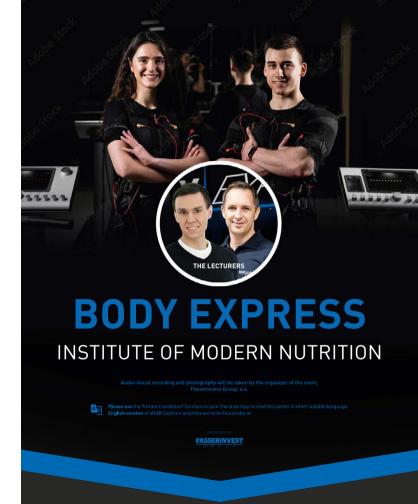
WHERE: Filadelfie building shopping center, Želetavská 1525/1

Are you interested in the latest nutrition trends? Have you been working at a desk with a computer for a long time and don't have enough time for everyday sport? A lecture by the Institute of Modern Nutrition is what you need to learn something more. The lecturers Tomáš Krmíček and Matěj Stanislav will present the benefits of EMS training, advise us how to correctly set up a menu, energy balance and macro-nutrients (protein, saccharides, fats) from the viewpoint of set aims and individual needs. Last but not least, we will also take a look at healthy eating in the context of EMS training. The lecturers:

Tomáš Krmíček, founder of the Body Express network and former sports aerobics world champion.

Matéj Stanislav, a nutrition therapist with the Institute of Modern Nutrition, a clinical nutrition therapist at the General University Hospital and a bodybuilding and fitness coach.









Traveler's Evening: Slovenia - My new love

WHEN: Wednesday, November 10, from 5:30 pm

WHERE: Sommellerie, Filadelfie building, Želetavská 1525/1

A country with a small size, but big in terms of what it can offer travelers. Together we will discover the sea, the mountains, the emerald River Soča, karst caves, waterfalls, gorges, ancient towns, and excellent Slovenian cuisine. We will learn where to stay, how to travel and what foods not to miss, what can be produced from hemp or where to discover a wonderful squat in the city center. This and much more will be told to us by the traveler Magda Radostová during a brand new talk about Slovenia.



Christmas Workshop: Making an Advent Wreath

WHEN: Wednesday, November 24, from 5:30 pm

WHERE: Sommellerie, Filadelfie building, Želetavská 1525/1

PRICE: CZK 990/person CAPACITY: 5 – 10 people

Come to enjoy the pre-Christmas atmosphere during the production of an advent wreath. We will help you make it and give you advice and tips on how to decorate your own wreath. The course price includes ready-to-use green bases made from fir, candles, decorations, floral material and the lending of work tools. You take the advent wreath you create home with you.

The course is also suitable for beginners. Payment for the workshop on the spot in cash. Reservations by e-mail: marika.duchonova@passerinvest.cz

Květiny Romantika offers courses for individuals and groups as a part of company teambuilding. Over the course of the year in accordance with the current season, they offer, in addition to flower binding, workshops focused on the production of wreaths, Christmas and Easter decorations, flower boxes, and flower jewellery.







Online Webcast: Brumlovka Talks

WHEN: Wednesday, November 24, from 6:00 pm

WHERE: online on Brumlovka FB profile

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka.

This month: Jaromír Staroba

Jaromir is leading Center director of AB InBev Prague Digital Hub - Capability Center located in Prague providing shared services in area of logistics, HR, finance and procurement. Jaromir is with AB InBev since 2006 and has vast experience in various domains such as logistics, HR, project management including system implementations across both SSC area and business operations. In addition to building a long-term vision for AB InBev Prague Digital Hub, his passion is combining beer and digital technology. He is a promoter of the hybrid collaboration model of combining work in the office and work from home.

The talk show is hosted by Eduard Foreit.





Christmas Tree Illumination

WHEN: Thursday, November 25, from 11:00 am to 7:00 pm

WHERE: Brumlovka Square, Vyskočilova 1100/2

As advent approaches, we would like to warmly invite you to the illumination ceremony for the Christmas tree on Náměstí Brumlovka on Thursday, November 25. Come and sing carols with us and get yourself ready for the pre-Christmas time. The cultural program will be supplemented by Christmas and refreshment stands, where you will be able to purchase mulled wine, grog, hot apple juice, soup, strudel, scones, and Christmas sweets.

11:00 am – 7:00 pm
4:00 pm – 5:00 pm
4:00 pm – 7:00 pm
5:00 pm – 5:10 pm
5:10 pm – 5:30 pm
5:30 pm – 5:40 pm
6:00 pm – 6:20 pm
6:20 pm – 16:30 pm
Group Carol Signing





JEŽÍŠTVÁ NADĚJE

27 biblických přednášek

Přednáší RADIM PASSER

7.-24.11.2021

SPOLEČENSKÉ CENTRUM BETHANY

Za Brumlovkou 4 Praha 4



Bethany Community Center

27 Biblical lectures at BB Centrum

WHEN: November 7 - 27, from 6:30 pm and 7:30 pm

WHERE: Bethany Community Center, Za Brumlovkou 1519/4

Bethany Community Center will host a series of 27 biblical lectures entitled Jesus – Your Hope. There will be two biblical topics in an evening from 6:30 pm and 7:30 pm. The speaker will be Radim Passer, founder of the Christian non-profit organization Maranatha and founder and CEO of the Passerinvest Group company.

The cycle of lectures will concentrate on the topic of biblical messages for today's times, questions of faith, the future, life after death, and a healthy life cycle, as well as stories from Passer's life.

Entry to the lectures is free of charge. The event organizers are the Church of Seventh Day Adventists and Maranatha z.s.



Sport activities at Brumlovka

We are not letting up on our sports activities even in November. We will build up our condition and correct running technique with Soňa and Michal, we will stretch the whole body and calm the mind with Daniela.

RUNNING LESSONS WITH PUMA

WHEN: every Tuesday from 5:30 pm

WHERE: meeting at 5:20 pm at the reception of the Beta building,
Vyskočilova 1481/4

Running lessons are led in two groups for beginners and already experienced runners by instructors and bloggers from running2.cz Soña Hrabec Kotulová and Michal Hrabec.

YOGA FOR EVERYONE

WHEN: every Thursday from 7:00 am

WHERE: Alpha bulding, Vyskočilova 1461/2a

A classic yoga lesson for beginners and advanced students of all ages with Daniela Bacíková. Own exercise mat required.

No reservation required. You can find up-to-date information on the BB Centrum **Brumlovka FB profile**. The lessons will take place in compliance with valid government measures.









Budova B building

Anthony's: Brumlovka is becoming a center of well-fitting shirts

Gentlemen, are you looking for tailor-made shirts that you would like to take straight home from the store? Thanks to the Anthony's men's fashion boutique, which has opened a retail outlet in Budova B building on Vvskočilova Street, you don't have to look anymore.

At Anthony's they combine up to 60 different shirt designs so that you can choose directly from the range in the store. You will also find leisure fashion, business suits, and black tie wear. The experienced assistants will be very happy to advise you on overall clothing, the selection of accessories, and high-quality footwear for every opportunity. In addition to its own collection, the boutique also offers products from other leading British brands, such as T.M.Lewin, Charles Tyrwhitt, and Barker Shoes.

Antony's is a symbol of a well-dressed man.

Budova B building

Bikes, that Means bikero... And they've got bikes in stock!

Bikero, the number one on the Czech market in cycling goods, has lots of wonderful bikes in stock! Children's bikes, road bikes, gravel bikes, and electric bikes.

Choose at the e-shop or stop by at the brand retail store the BB Centrum, Budova B building.

The trained staff will be happy to pay attention to you and will help you with your selection.







Brumlovka building

Sauna rituals and night swim at Balance Club Brumlovka

Balance Club Brumlovka holds regular sauna ceremonies and night swims. The next ones, for Saint Nicolas' Day, are scheduled for Sunday, December 5, from 7:00 pm. You can look forward to lots of fun time in the saunas and choreography arranged by experienced sauna experts, as well as the unique atmosphere of evening swimming by candlelight. The individual sauna ceremonies start at 7:00 pm, 7:45 pm, 8:30 pm, and 9:15 pm.

During the Saint Nicolas' Day sauna ceremonies and evening swimming from 7:00 pm members of Balance Club Brumlovka can take a guest with them into the club at a discounted price of CZK 450.



Filadelfie building

BODY EXPRESS: treat yourself to the Start a Change!

EMS exercises are the fastest way to be in good condition and to get rid of surplus fat deposits. How does it work? EMS technology activates the entire body using weak electrical impulses. 20 minutes once a week is sufficient for your body to receive the necessary dose of training to make it firm and active and burn sufficient energy. Safe and fast. There is a maximum of 2 clients in the studio at any one time and they maintain a distance of 2 meters. Every client has their own changing room for their personal effects and receives special single-use sportswear. All equipment is regularly disinfected/washed several times a day. The staff wears face masks. You can make a reservation at the studio in person or at www. bodyexpress.cz using the reservation form HERE.

The studio accepts Benefity.cz, Benefit Plus, Sodexo Flexi Pass and Edenred Benefits benefit programs.

■ Mon – Fri 8:00 am – 6:00 pm

Give yourself the gift of a gym pass under the Christmas tree. Thanks to our special prices, you can save even more.







Villas

To Roseta for a massage

You can enjoy a wide range of massages in the Roseta Comprehensive Care Centre. They will relax your body and your mind and you will often receive immediate relief from the pain caused by stiff muscles.

Enjoy a traditional classic massage or experiment and choose one of the less traditional ones. Here, for example, you can find a Hawaiian massage, Thai foot massage, lava stone massage, shiatsu massage, bamboo massage, Tok Sen, or massage for pregnant women.

Roseta's secret tip is anti-stress care, which is a combination of incredibly relaxing head and face massages.



Filadelfie building

Saint Martin's Day wines at Sommellerie

Today, we would certainly not like to guess whether St. Martin will come on a white horse and bring a cold blanket to the Czech Republic. However, we know that on November 11 at 11:00 am Sommellerie will open the first of this year's young wines for you.

This year, Saint Martin's Day wines are more mature, the taste has a pleasant hint of fruity tones and a little acidity, with frequent honey undertones compared to past years. The range will include wines from the VAJBAR, TETUR, and MADĚŘIČ family wineries.

A tasting portion of goose will be served with every glass of Saint Martin's Day wine, the opening time will be extended on this day until 10:00 pm.

The 6 + 1 bottle FREE event will run until November 20, 2021.

The Sommellerie team looks forward to seeing you.







Budova A building

Perfect Canteen MONETA Money Bank: November in the style of Vegetable Food and Saint Martin's Day goose

Perfect Canteen MONETA Money Bank has prepared the Vegetables on the Table event for the first week in November (Nov 1 - 5). Every day, they will serve interesting vegan recipes that will show you that vegetable-based meals can be very tasty.

In the following week (Nov 9 - 12), you can go for a crispy leg of goose with red sauerkraut, honest dumplings, and potato rosti, or pappardelle with goose confit. Naturally, there will be soup — traditional "kaldoun" goose soup.

Do you like what Perfect Canteen offers you?



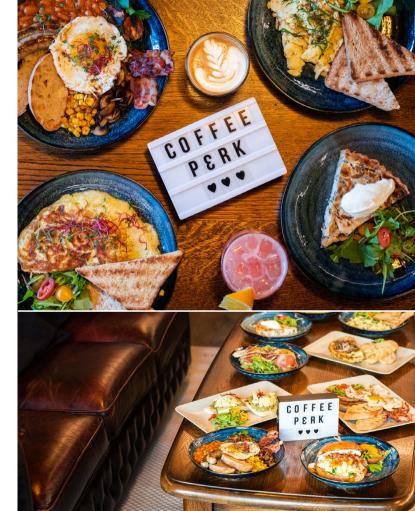
Brumlovkav building

Breakfast at Coffee Perk

Start your day at Coffee Perk. It invites you to enjoy its new breakfast menu full of new, healthy breakfast ideas. In its range, you will find avocado bread, poached eggs with salmon, eggs Benedict, and granola with fruit and Greek yogurt.

Throughout the day you can enjoy select coffee from various roasting houses and, in addition, excellent desserts. In addition to the established La Boheme, we also prepare Father's Coffee, Doubleshot, and Climpson & Sons. We will be happy to wrap all the selected coffees up so that you can enjoy them at home.





























Brumlovka building

arena: technique, strength and endurance

Do you go swimming and would like to freshen up your training or add to the burden and strengthen your whole body? Swimming training aids are suitable for competitive swimmers and for fitness swimmers.

The basic swimming aids include:

- Board for strengthening the arms and legs
- Snorkel for training the correct swimming technique and breathing
- Flippers for full-on strength training for the lower part of the body
- Packs for training strength and endurance in the upper part of the body

Katka and Lucka from the Brumlovka store will help you choose the right swimming aid. You can also view the range in advance at the e-shop, order and pick up from the store. It's that easy.

- Mon Fri 10:00 am 7:00 pm
- Sat 10:00 am 4:00 pm



Filadelfie bulding

Discover popular jewellery in JK collections

Original JK Jitka Kudláčková collections are very popular. In her own goldsmith's workshop, she makes collections with varied topics. Here you will discover jewellery inspired by water elements, organic motifs, and classical models suitable for everyday wearing.

Despite the general increases in prices, the prices are remaining unchanged at JK.

And this year registered customers and companies based in Brumlovka can again expect a Christmas 15% price discount for jewellery purchases – valid from November 27 until the middle of January 2022. Make use of this unique opportunity to purchase Christmas gifts for your nearest and dearest.











Filadelfie bulding

At the We Hate Ironing online dry cleaner's they will count your laundry for you

The We Hate Ironing dry cleaner offers an interesting service that will markedly simplify your life and, in addition, is completely free of charge: They will count laundry to be washed or cleaned for you.

If you don't have the time or desire to sort your laundry before the courier comes, that's fine. All you have to do is throw it into a bag — We Hate Ironing will take care of everything. They will then send you an e-mail with the precise number of items and the resulting price for payment. At We Hate Ironing they will help you even if you need your laundry ironed. All you have to do is fill in the simple online form and a courier will come for everything; you will have clean and fresh-smelling laundry back in 24 hours.



BB Centrum shuttle transport

Do you use public transport for your journey to work and frequently take the shuttle buses from Budějovická to the BB Centrum? We increased the frequency of the BB1 line on the Budějovická – Brumlovka – Delta route, but we are not yet introducing the BB2 line on the Budějovická – Filadelfie – Brumlovka route based on current demand. We are constantly monitoring the situation with regard to the epidemic and the occupancy of the premises and, in the case the current bus lines fill up, we will add the BB2 line into service.

Thank you for your understanding.

The Passerinvest Group team

Temporary shuttle bus schedule BB1



