

**1 OFFICE FOOD
Budova Filadelfie***



Želetavská 1525/1, Praha 4
PO-ČT 7:30-16.00 hod.
PÁ 7:30-14.30 hod.

Denní menu: www.officefood.cz/filadelfie-praha
*vstup pouze s kartičkou vydanou na recepci budovy

**2 LUNCHBOX.CZ ALPHA
Budova Alpha**



Vyskočilova 1461/2a, Praha 4
PO-PÁ 7:30-15:00 hod.
Denní menu: www.sfood.cz/alpha

**3 PERFECT CANTEN MONETA MONEY BANK
Budova A**



Vyskočilova 1442/1b, Praha 4
PO-PÁ 8:00-16:00 hod.
Denní menu: www.perfectcanteen.cz/nase-karticky/moneta-money-bank

**4 GTH
Budova Beta**



Vyskočilova 1481/4, Praha 4
PO-PÁ 8:00-13:30 hod.

Denní menu: www.gth.cz/provoz/bbc-beta/jidelni-listek

**5 LUNCHBOX.CZ DELTA
Budova Delta**



Za Brumlovkou 1559/5, Praha 4
PO-PÁ 7:30-15:00 hod.
Denní menu: www.sfood.cz/delta



BB Centrum – Brumlovka

Canteens at Brumlovka

If you don't have much time for lunch and ready to serve meal is the main decision what place to go to, you will probably find our updated list of canteens very useful.

Two new canteens opened in January this year. The Alpha and Delta buildings are now home to Zdeněk Pohlreich's **Lunchbox.cz/Sfood.cz**, joining Filip Sajler's **Perfect Canteen MONETA Money Bank** in the Budova A building, the **GTH** canteen in the Beta building, and **Office Food** in the Filadelfie building.

All canteens are open to the public.

Bon appetit!

Download PDF – Canteens at Brumlovka.

Maranatha



Středy ve středu

WHEN: Wednesday, February 2, from 6:00 pm

WHERE: Bethany Community Center, Za Brumlovkou 1519/4

A new cultural program entitled "STŘEDY VE STŘEDU" (Wednesdays at the center of attention) has been launched as part of efforts to open up space in the Bethany Community Center. It takes the shape of regular gatherings with interesting and inspiring people, where you can look forward to discussions and talks alike.

Come along to the first inspiring evening at the Community Center on Wednesday, February 2, from 6 pm. The guest speaker at the discussion will be a well-known Czech composer, musician, and conductor Varhan Orchestrovič Bauer.

Then, on February 16, they will be welcoming Mgr. Luděk Svrček, who will be talking about The Bible in the Czech Lands and History.

More information about other planned events can be found at spolecenskecentrum.cz.

free entry.



Společenské centrum Bethany

vás zve na setkání s inspirativními lidmi

STŘEDY VE STŘEDU

VARHAN ORCHESTROVIČ BAUER

český hudebník, skladatel, aranžér a dirigent

(autor hudby k filmu Goyovy přízraky)

2.2. 2022 - 18 hod.

Vstup volný

další 16.2. Mgr. Luděk Svrček o
Bibli v českých zemích a dějinách



Za Brumlovkou 1519/4 Praha 4
www.spolecenskecentrum.cz

FLEKSI, Budova B building

Workshop beautiful sportswomen:

Make-up that can handle training and running

WHEN: Wednesday, February 2, from 6:30 pm

WHERE: FLEKSI, Budova B, Vyskočilova 1422/1a

Why not look great even when doing sport? We are able to raise our game when we feel confident. How can you make sure that your face will still look flawless after training, instead of like a smudgy painter's pallet? The cosmetic editor, blogger and runner, Soňa Hrabec Kotulková, who always looks like she has just started running even at the end of a marathon, shares her advice and tricks. See for yourself and kiss streaky lipsticks and mascaras goodbye!

Reservations by e-mail: marika.duchonova@passerinvest.cz

The event will take place in accordance with the pandemic measures applicable on the day which can be **found HERE**.



WORKSHOP

BEAUTIFUL SPORTSWOMEN

Audio-visual recording and photography will be taken by the organizer of the event,
Passerinvest Group, a.s.



Please use the "Instant translation" function in your Translate App to read this poster in other suitable language.
English version of all BB Centrum activities are to be found also at

Passerinvest



BB CENTRUM

FLEKSI, Budova B



Speed dating at Brumlovka

WHEN: Tuesday, February 8, from 7:00 pm
for ladies (21 - 35 yo) and gentlemen (26 - 38 yo) Czech speaking only

WHERE: Tuesday, February 15, from 7:00 pm
for ladies (28 - 39 yo) and gentlemen (35 - 47 yo) Czech speaking only

WHERE: FLEKSI, Budova B, Vyskočilova 1422/1a

PRICE: special CZK 440, use promocode „BRUMLOVKA“

Czech-speaking singles might not be singles anymore. In cooperation with the Smart Dating agency, we are organizing two more speed-dating nights in the new FLEKSI coworking lounge. Speed dating is a fast, clever date where you meet 10 - 12 potential partners in one night and you finally decide if you want to see the one again.

TIME SCHEDULE

6:30 pm Check-in

7:00 pm Your first date

9:00 pm The end

More info at: marika.duchonova@passerinvest.cz. Registration directly at info@smart-dating.cz

The event will take place in accordance with the pandemic measures applicable on the day which can be **found HERE**.



smart.dating



SPEED DATING AT BRUMLOVKA

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Filadelfie building

North Korea: A Totalitarian Unknown

WHEN: Wednesday, February 9, from 5:30 pm

WHERE: Sommellerie, budova Filadelfie, Želetavská 1525/1

North Korea is a country that everyone knows of, but that very few travelers actually venture to. How it all looks in North Korea through the eyes of traveler from Pilsen Vladimír Váchal is something you can find out at his talk, during which he will guide us along the route of his one-week journey. He was not granted permission to return to the country.

You can see everything that he saw, or rather was shown, in the multitude of photographs he took in May 2016. He also brought plenty of interesting things back from his unconventional trip, and you can take a look at them or buy them after the talk. Embark on a journey to a country where time stands still and everything is run to a strict order. Come and see the North Korea of today.

The event will take place in accordance with the pandemic measures applicable on the day which can be **found HERE**.

TRAVELER'S EVENING

Audio-visual recording and photography will be taken by the organizer of the event,
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BB CENTRUM

Filadelfie building

Dance lesson at Brumlovka

WHEN: Wednesday, Feb. 19, class from 7:00 pm, dance floor from 8:00 pm

WHERE: Sommellerie, budova Filadelfie, Želetavská 1525/1

The very well-known Rio de Janeiro carnival is held every February so we will dance the Brazilian SAMBA as well this time.

The dance teacher is Lenka Nora Návorková, champion of the Czech Republic several times in Latin American dance, winner of StarDance 2018, and the dance partner of Mirai Navrátil in the past season of this popular television competition.

The event will take place in accordance with the pandemic measures applicable on the day which can be **found HERE**.



DANCE LESSON AT BRUMLOVKA

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WORKSHOP
**CRÊPE PAPER
PEONIES**

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FLEKSI, Budova B building

Flower workshop: Crêpe paper peonies

WHEN: Wednesday, February 23, from 5:30 pm

WHERE: FLEKSI, Budova B, Vyskočilova 1422/1a

PRICE: CZK 1 000/person **CAPACITY:** 5 – 20 people

We are organizing the popular flower workshops again this year. This time, however, you can make and take home with you something that won't fade away – a crepe peony made of flexible Italian paper. One of our experienced experts will be on hand to teach you how to make bunches. You can then simply fix your 25 cm, mauve, or cappuccino crepe peonies to the wall at home.

We will provide all the material that you need, meaning that all you need to bring along, and indeed won't get by without, is a bit of patience and a good mood. Payment for the workshop on the spot in cash.

Reservations by e-mail: marika.duchonova@passerinvest.cz.

The event will take place in accordance with the pandemic measures applicable on the day which can be **found HERE**.



BB Centrum – Brumlovka

Brumlovka Talks

WHEN: Wednesday, February 23, from 6:00 pm

WHERE: online on Brumlovka FB profile

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka.

This month: Dana Drábová, State Office for Nuclear Safety

Dana Drábová is a Czech nuclear engineer and a local and regional politician. She has been the Chairperson of the State Office for Nuclear Safety since 1999, became the Deputy Mayor of Pýšel in 2010, and was a councilor for the Central Bohemia Region in 2016 and 2017. In 2014 she was awarded a First Grade Medal of Merit and in 2016 met the spiritual leader of Tibet, the Dalai Lama, during his visit to Prague.

The talk show is hosted by Eduard Forejt.



ALL
WEBCASTS
CAN BE
RE-PLAYED ON
BB CENTRUM
FB PAGE

ON (CH)AIR

HOVORY
Z BRUMLOVKY

ONLINE WEBCAST

BRUMLOVKA TALKS



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STREET FOOD FESTIVAL

AT THE BRUMLOVKA SQUARE

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Passerinvest Group, a.s.



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BB Centrum – Brumlovka

Street Food festival at the Brumlovka Square

WHEN: Thursday, February 24, from 11:00 am to 3:00 pm

WHERE: Brumlovka square, Vyskočilova 1100/2

Taste the very best of the world wide street food cuisine as burgers, burrito, mac'n'cheese, india nor indonasian specialities and many more.

Live music will create a pleasant atmosphere during the midday program.



BBCENTRUM

Alpha building

Art gallery: Colors of Woman 3D

WHEN: until February 25, daily from 10:00 am to 6:00 pm

WHERE: lobby budova Alpha, Vyskočilova 1461/2a

Helena Leisztner presents her unique artwork from the Colors of Woman series, which includes exterior paintings on metal, oil paintings on canvas, author's photography, and combined techniques. Although Helena Leisztner graduated from the University of Economics in Prague, she gradually began to devote herself to the arts.

Helena transformed from fashion design to drawing, painting, photography, and combined techniques. She is the holder of many Czech and international awards - Young Fashion Designers Award Zenit 89 - Czechoslovakia, Talent 90, Masaryk Academy Awards for artistic activity and synthesis of visual arts, International Awards for Modern Art, Limenarte 11 - Italy, Marian Adair Award International - WCI, for Lifelong Art and Philanthropy - USA.



BB CENTRUM

COLORS OF WOMAN 3D

ART GALLERY

Helena Leisztner



We strengthen our immunity in any kind of weather



Yoga is trully an exercise for everyone. Come and try

BB Centrum – Brumlovka

Regular sports activities at Brumlovka

February is usually pretty lousy as far as sport is concerned. It's cold, it still gets dark early, the initial New Year's enthusiasm has worn off ... Plenty of excuses to skip sport. We, however, have at least two reasons why you SHOULD EXERCISE!

RUNNING LESSONS WITH PUMA

WHEN: every Tuesday from 5:30 pm

WHERE: meeting at 5:20 pm at the reception of the Beta building,
Vyskočilova 1481/4

Running lessons are led in two groups for beginners and already experienced runners by instructors and bloggers from running2.cz Soňa Hrabec Kotulová and Michal Hrabec.

YOGA FOR EVERYONE

WHEN: every Thursday from 7:00 am

WHERE: Filadelfie building, floor 8, Želetavská 1525/1, meeting at the
Filadelfie reception

Klasická lekce jógy pro začátečníky i pokročilé všech věkových kategorií s Danielou Bacíkovou. Nutná vlastní cvičební podložka.

No reservation required. You can find up-to-date information on the BB Centrum **Brumlovka FB profile**. The event will take place in accordance with the pandemic measures applicable on the day which can be found **HERE**.

Budova G building

Avatar VR Park:

Team-building in the biggest virtual reality gaming park in the Czech Republic

Planning a team-building event, corporate event, or gathering with colleagues and looking for somewhere new on the scene? Avatar Park provides overwhelming virtual reality entertainment and experiences that you will be talking about for some time to come. There you will find a gaming area of 500 sqm, dozens of games of all genres, unique adrenalin attractions such as jumping off a skyscraper, flying, taking a roller-coaster ride, and a racing simulator.

The café within the park, which you can even use for corporate presentations, is the place to go to savor a wide range of food and drink or some sophisticated catering. The park holds up to 50 people at one time.

Special "neighbour" team-building prices are offered to the companies based at Brumlovka. More information at info@avatarherna.cz.

AVATAR VR PARK





Brumlovka building

Balance Club Brumlovka invites you to a Nordic Walking event

Balance Club Brumlovka is organizing a Nordic Walking event for its members with Adriana Čipižáková on Saturday 12 February 2022. Nordic Walking is walking with special poles and is sometimes mistakenly confused with trekking.

Nordic Walking poles are used to intensify walking on flat ground and are commonly used by top athletes in training. This cardio-fitness sport is ideal for people of all ages who want to get some dynamic exercise in the great outdoors. You will need to bring your own Nordic Walking poles with you to the workshop. Places are limited, so make sure of yours by booking in advance at eva.koterova@balanceclub.cz

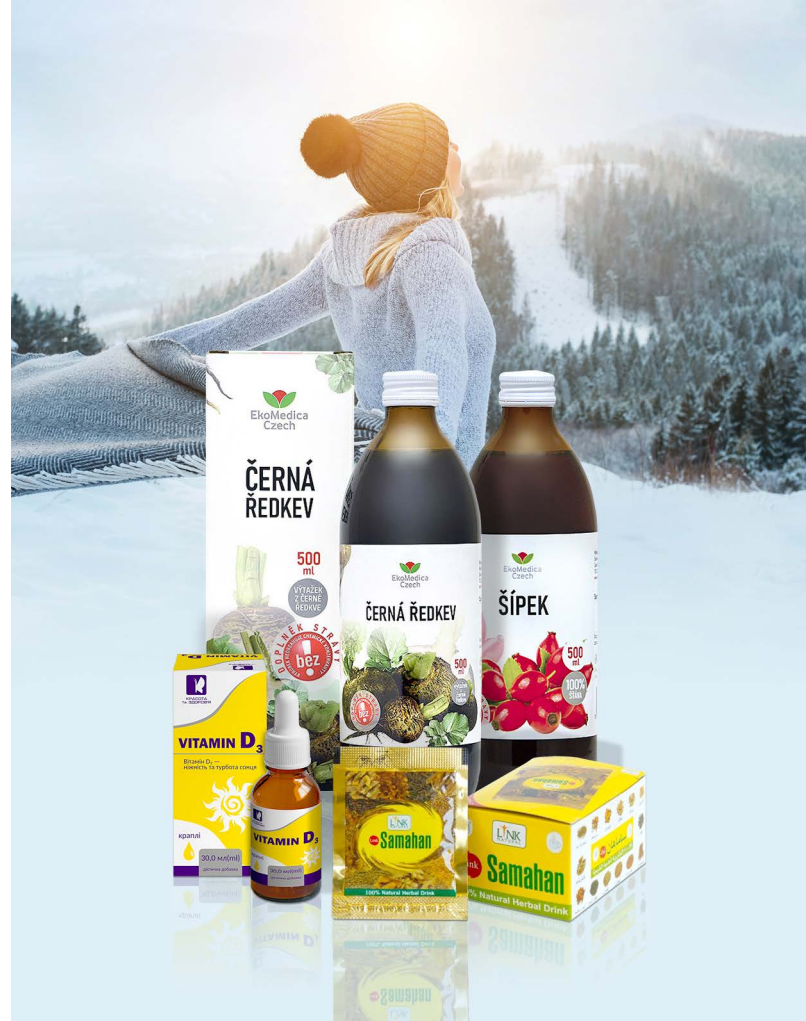
Employees of companies with offices at Brumlovka and the BB Centrum Klub (Benefit Klub Brumlovka) Members are offered a membership at Balance Club Brumlovka for a discount. For more information at info@balanceclub.cz

Brumlovka building

Support your immune system with products from Maranatha

Making sure that the immune system is working properly is of particular importance to us all right now. You can help boost your immune system with various products from the Maranatha health food shop, which you find in the ground-floor arcade of the Brumlovka building.

You can also enjoy a healthy lunch at Maranatha vegetarian restaurant on the other side of the building.





Brumlovka building

Bomton: A new year simply demands new care

Try out the revolutionary new Multi-Peel cosmetic treatment at the Bomton Clinic of aesthetic medicine, a procedure that effectively fights dehydration and wrinkle formation, widened pores, acne scars, and dark spots. No time to waste! Book an appointment on +420 773 102 108 and pamper yourself.

There is definitely something to look forward to.

BOMTON.

Brumlovka building

Arena presents slimming swimwear

for ladies who want to feel confident and beautiful

BODYLIFT swimwear, with its special mesh fabric in the abdomen and waist area, is designed to shape and firm up curves. The swimwear is made of SENSITIVE material, which is strong as a result of its high Lycra content. The material is resistant to chlorine, breathable, fast-drying, and provides the wearer with maximum comfort.

You can also view the range in advance at the **e-shop**, order something and pick it up from the shop itself. It's as easy as that.

arena Brumlovka shop

- Monday - Friday 10:00 am – 7:00 pm
- Saturday 10:00 am – 4:00 pm





bikero®

Budova B building

3 bikero tips on how to get dressed on a bike in the cold weather

You don't have to give up your favorite hobby when it is cold outside. The snow lies in most of the Czech territory only a few days a year, so there is no reason to put your bikes in the garage or cellar, even for the last snowy month. bikero has prepared 3 basic tips on how to prepare well for the winter cold and reduced visibility.

You can find the article with advice, tricks, and use not only for cyclists **HERE**. And if any product caught your eye, you can buy it in the bikero store in the Budova B building or the **bikero.cz** e-shop.



bikero®

Brumlovka building

OK POINT: Don't let inflation eat into your savings

The biggest fears in the Czech Republic in recent months have been the continuing Covid situation and the huge increase in prices caused by high inflation, which shot up to a record 6.6 % year-on-year in December. What does this mean? Well, that inflation is biting 66 out of every 1,000 CZK.

High inflation impacts most severely on current accounts, but even so this is where every other Czech saves most of his or her available money. The problem is that current accounts offer a rate of interest of a maximum 0.01 %, meaning that the increase in value doesn't even come close to covering inflation.

How, then, can you protect your money from insatiable inflation? The first step is to take a look at the financial products you use to save money intended to build up long-term reserves, and whether they are able to compensate for inflation to at least some extent. The experts at OK POINT Brumlovka will be pleased to help you with the compensation. By calling 242 486 328, you can set up an individual meeting with one of the experts, either online or in person, in compliance with all hygiene rules.

- Monday 8:30 am – 6:00 pm
- Tuesday, Thursday 9:00 am – 5:00 pm
- Wednesday 8:30 am – 5:00 pm
- Friday 9:00 am – 3:00 pm





30
zelených
projektů

30
LET
dm

Pro lepší svět.
{ SPOLEČNĚ }



Filadefie building

**dm celebrates 30 years
on the Czech market by
supporting 30 sustainable
projects. Will yours be
among them?**

As part of the Společně Pro lepší svět (Together for a Better World) initiative, dm is looking for 30 sustainable projects to support financially. If you are working on such a project yourself or know of one in your surroundings, now is the time to nominate the green projects closest to your heart. Applications close on 28.2.2022.

More at dm-spolecne.cz

BB Centrum – Brumlovka

Become a direct recipient of the eCity newsletter

Would you like to be the first to learn about the news here at Brumlovka? If you are interested in sports and cultural events, you would like to shop at farmers' markets or you want to be inspired by the range of gastronomical experiences on offer and you also like planning these kinds of things, **register your email address HERE** and be in the picture ahead of the rest.

