

Art for Joy



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Passerinvest

Alpha building

Exhibition: Art for Joy

Jana Holubová and Olga Siladijová

When: July 3-31, from 10:00 am to 6:00 pm

Where: Alpha building, Vyskočilova 1461/2a

The July exhibition presents the works of two artists, Jana Holubová and Olga Siladijová, who work with the Art Club for Seniors in Prague 4.

Olga takes a great interest in various art techniques, painting, bobbin lace, Macramé and Art Protis. She discovered the Art Protis technique when she was a private student with the academic painter Eva Kopáčová.

Jana is a classic intaglio retoucher by profession. Now retired, she paints oils and watercolours. Her main technique is „traditional ink wash painting“, which she studied with Chinese and Japanese masters.

Brumlovka.



Filadelfie building

Traveler's Evening: The most beautiful mountains in Scotland

When: Wednesday, July 12, from 5:30 pm

Where: Sommellerie, Filadelfie building, Želetavská 1525/1

Beyond Hadrian's Wall, separating England from the harsh north, lies Scotland, a land of deep lakes, the finest whisky, endless moorland, moonlit plateau landscapes and, most of all, breathtaking mountains. Rising above the vast blue of dozens of bodies of water are almost 300 munros, peaks reaching a height of more than 900 m. The country is also dotted with mediaeval castles, original architecture and neat little villages.

All of this is crowned by the jewel among cities, beautiful Edinburgh. Traveller David Hainall will tell us about a fascinating country that never disappoints.

Brumlovka.

Traveler's Evening.



The most beautiful mountains in Scotland



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Dance Lessons.



Dance Lessons at Brumlovka



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Brumlovka Square

Dance Lessons at Brumlovka

When: Wednesday, July 19, from 7:00 pm, dance floor from 8:00 pm

Where: Brumlovka Square, Vyskočilova 1100/2

The summer dance lesson in July will focus on the samba. Come and boogie to this cheerful Latin American dance, which originates in Brazil and is guaranteed to get your blood pumping.

The dance teacher is Lenka Nora Návorková, champion of the Czech Republic in Latin American dancing, winner of StarDance 2018 and dance partner to Mirai Navrátil in the most recent season of this popular television competition.

The session will be cancelled if the weather is poor. For more information follow **FB Brumlovka**.

Brumlovka.

Brumlovka Square

Street Food Festival: The Mediterranean at Brumlovka

When: Thursday, July 20, from 11:00 am to 3:00 pm

Where: Brumlovka Square, Vyskočilova 1100/2

Join us for a day's visit to several popular Mediterranean countries all at once. Come and taste Italian pasta and prosecco, Spanish wine, gazpacho and churros, grilled and fried seafood, French wines and sodas, desserts, ice cream to freshen up with, and much more.

Brumlovka.

Street food
Festival.



The Mediterranean at Brumlovka



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Talkshow.



Ondřej Drábek



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Brumlovka

Brumlovka Talks

When: Wednesday, July 26, from 6:00 pm

Where: online on [Brumlovka FB profile](#)

Brumlovka Talks is our talk show, where we invite personalities, whom we feel have something to say and whose work or personal life is somehow associated with Brumlovka.

This month: Ondřej Drábek

Ondřej Drábek is the executive director and majority owner of the creative agency BeefBrothers, which designed, among other things, the new visual identity of Brumlovka. Before that, he worked in the PR department at Vodafone, then still under the Oskar brand. However, he started as a journalist, working his way through Lidové noviny, Týden and Hospodářské noviny. He has worked in politics and business, and has also reported on the conflicts in Kosovo and West Africa.

The show is hosted by Eduard Forejt.

Brumlovka.

Regular sports activities at Brumlovka

Outdoor yoga for seniors

When: every Monday from 1 pm

Where: Brumlovka Park, Za Brumlovkou Street

For everyone who likes to exercise in nature, wants to stretch and meet new people. The class is led by Simona Helová. Own exercise mat required. Classes are not held in the event of bad weather. **Follow FB Brumlovka.**

Running Lessons with Puma

When: every Tuesday from 5:30 pm

Where: meeting at 5:20 pm at Beta building reception, Vyskočilova 1481/4

Running lessons are led in two groups for beginners and experienced runners by instructors and bloggers from running2.cz Soňa Hrabec Kotulová and Michal Hrabec.

Outdoor yoga for the Public

When: every Thursday from 7:00 am

Where: Brumlovka Park, Za Brumlovkou Street

A classic yoga lesson for beginners and advanced students of all ages with Natálie Lőwová. Own exercise mat required. Classes are not held in the event of bad weather. **Follow FB Brumlovka.**

Brumlovka.

Sport.



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Passerinvest

Sport.



Regular sports activities in Nové Roztyly Park

We regularly organize sports session in Nové Roztyly as well. Just choose what suits you.

Fitness Workout

When: every Wednesday from 6 pm

Where: Street Workout Area, the Nové Roztyly Park

The Wednesday workout with Eva Neméthová is focused on building physical fitness and working the whole body. Classes are not held in the event of bad weather. **Follow [FB Krcakzije.cz](#).**

Running Lessons

When: every Wednesday from 6:30 pm

Where: meeting at 6:20 pm by the Roztyly metro station

Running lessons are led in two groups for beginners and experienced runners by instructors and bloggers from [running2.cz](#) Soňa Hrabec Kotulová and Michal Hrabec.

Outdoor yoga for the Public

When: every Thursday from 6:00 pm

Where: the Nové Roztyly Park, right next to the Za Větrem restaurant

A classic yoga lesson for beginners and advanced students of all ages with Natálie Lówová. Own exercise mat required. Classes are not held in the event of bad weather. **Follow [FB Krcakzije.cz](#).**



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Brumlovka

Brumlovka Football Cup 2023

We know the winners of the football tournament for companies based at Brumlovka. A record 16 teams participated in this year's event. In a tough competition, MONETA Money Bank defended its championship and finished with a hat trick, while O2 Czech Republic took second place and Puma Czech Republic came third.

Thank you to all the companies and players involved for a wonderful tournament, congratulations to the winners, and if you'd like to see how the day went, you can find photos in the [gallery HERE](#).

Brumlovka.

Tournament.



Brumlovka Football Cup 2023



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Passerinvest

Tournament.



Brumlovka Tennis Cup 2023



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Brumlovka

Brumlovka Tennis Cup 2023

When: Sunday, August 27, from 9:00 am

Where: Tennis Courts LTC 1927, Hodonínská 1090/4, entrance from the Vyskočilova St – by the Vyskočilova Bus stop

Price: CZK 300 /person, Balance Club Brumlovka Members and Benefit Klub Brumlovka Members free of charge

Balance Club Brumlovka and Passerinvest are organising the 15th annual doubles tennis tournament for all amateur players. The tournament will be held at the courts in Hodonínská ulice (near the club) on Sunday, August 27. The winners can take away some valuable prizes. Refreshments available during the event.

The tournament is for unregistered players, for a total of 32 pairs. Due to limited capacity, please confirm your participation in the tournament no later than August 20, by emailing eva.koterova@balanceclub.cz.

Brumlovka.

Alpha & Filadelfie buidings

Summer offer from PuzzleSalads

Quality, fast and healthy food made from premium, seasonal and local ingredients. That's PuzzleSalads.

These are not just „salads“! The menu is regularly changed to reflect the seasons. In addition to salads, it also offers special bowls with the option of adding pasta, rice, sweet potatoes or couscous, to which you can choose from a wide range of proteins - from fish and meat to vegan or vegetarian options. At PuzzleSalads you can play around with the ingredients and put them together exactly to suit your appetite, taste and mood.

**SA
ADLS**
puzzlesalads

Always different. Always fresh.



**Lemon Chicken
Salad**



**Yamasa Noodle
Bowl**

**SA
ADLS**
puzzlesalads



Budova A building

Enjoy the summer with MONETA Money Bank Perfect Canteen

When: July, August 11:00 a.m. – 2:30 p.m.

Where: MONETA Money Bank (Vyskočilova 1100/2, Prague 4)

Perfect Canteen is a modern self-service restaurant where a professional team of chefs serve up a daily menu, Asian buffet, fresh Italian pasta, burgers and steaks. Since July, it has also expanded its range of pizzas.

Every day you can enjoy some light refreshment for lunch free of charge.

Brumlovka building

A sweet way to round off your lunch at the Maranatha restaurant

Did you know that the Maranatha restaurant makes its own desserts to enjoy after a healthy lunch?

Come and enjoy homemade mince pies all summer long, and as a bonus get a cup of organic spelt coffee for a symbolic price. It is made without caffeine, is not addictive and can be drunk even by children. Spelt is an ancient uncultivated wheat species with an exceptional grain composition and an interesting nutty flavour. Visit the Maranatha health food store to buy the ingredient for making this coffee at home.





Budova B building

Crozlina – a new treat from Zrno zrnko

When you combine the delicate French 24-layer butter croissant from the bakers at Zrno with the delicious creamy ice cream from Adriagold, a Czech company, all you need to achieve perfection is the crumble or the baked almond chips and salted caramel topping from Delikiss.

Come to Zrno zrnko Brumlovka to caress your soul and delight your Instagram friends!

Delta building

Turnovská pivnice pub catering services

Planning a corporate event or a private party? The Turnovská Pivnice Brumlovka will be happy to help you with that too!

Not only does the Turnovská Pivnice Brumlovka offer a pleasant setting and state-of-the-art facilities, it also provides excellent catering tailored to suit your needs, as well as other services to make your event unique and unforgettable.

More information and orders at **+420 737 789 407** |
rezervace@turnovskapivnice.cz.

 **TURNOVSKÁ
PIVNICE**





Brumlovka building

Taste the summer with Hollinger lemonades

from the Maranatha health food shop

Cut-price Hollinger organic lemonades can be purchased throughout the summer at the Maranatha health food store. The Austrian company uses locally sourced ingredients from organic farms, and so don't contain any artificial colours or sweeteners.

The practical bottle is suitable for children to take to school, for you at work, and on your travels. It comes in many flavours, such as cherry, orange, lemon, blackcurrant, elderflower or lavender. Experience the taste of summer on the road and refresh yourself with some healthy fruit drinks

Filadelfie building

Visit dm drogerie at Brumlovka

The store offers a wide range of private, exclusive and supplier brands spanning all areas of health and beauty, baby care and home care. Those looking for sustainable alternatives to conventional products can easily find their way around by looking at the green price tags on these organic products.

At dm, you can buy high quality products at competitive prices. The long-term price guarantee ensures that any price change is valid for a minimum of four months. So you don't have to wait for special discounts, because dm always offers you a good deal. As part of the campaign to promote women's health, dm is preparing advice and tips on products to promote women's physical and mental health. For more inspiration, see dm.cz/zenskezdрави, the Moje dm app, or call in at a dm store.

The dm store in the Filadelfie building is open on weekdays from 8:00 am to 7:00 pm and on Saturdays from 8:00 am to 1:00 pm.

Dm has something for everyone.



“Věřím ve svou
vnitřní sílu”



SUPER NABÍDKA PLATÍ OD 10. 7. DO 31. 8. 2023

**Expert na bolest
v různých lékových formách.
Stačí si vybrat.**

Za **SUPER CENU** také:
Voltaren Rapid 25 mg,
20 tobolek



Čtěte pečlivě příbalovou informaci. Voltaren Forte 20 mg/100 g gel je lék k vnějšímu použití. Obsahuje diclofenacum diethylamunum. Voltaren 1x denně 140 mg léčba náplast je lék k vnějšímu použití. Obsahuje diclofenacum natrium. Voltaren Rapid 25 mg měkké tablety je lék k vnitřnímu užití. Obsahuje diclofenacum natrium kalcium.

Asept spray
100 ml

- účinná dezinfekce pro celou rodinu
- pro dezinfekci drobných ran a po bodnutí hmyzem
- nečpí, nepálí a nešpiní oblečení



Zdravotnický prostředek.
Před použitím si pozorně přečtěte návod k použití.

Strepsils Med a Citron
24 pastilek

- úlevu od bolesti už po 5 minutách
- míči bakterie, kvasinky a viry,
- včetně koronaviřů už po 1 minutě
- široké spektrum příchutí,
- včetně variant bez cukru
- vhodný do cestovní lékárničky



Lék k vnitřnímu užití. Pečlivě čtěte příbalovou informaci.
Či přípravků náleků a nealergických účinných se poradte s lékařem nebo s lékárníkem.

HERBADENT
ústní voda z bylin
400 ml

- šetřná bylinná směs o gastritidě
- vhodné při zánětu dásní či parodontitě
- antibakteriální účinky díky extraktu ze 7 bylin,
bez chemických látek,
- jedinečná bylinná chuť a vůně
- udržuje svěží dech



Kosmetický přípravek.

Lomexin 600 mg VAG CPS MOL 1
1 měkká vaginální tobolka

- lék se používá k léčbě
kvasinkového zánětu pochvy
a zevních rodidel



Vnější prodávací lék k vaginálnímu podání (ste pochvy).
Před použitím si pečlivě přečtěte příbalovou informaci a poradte se se svým lékařem nebo lékárníkem.

AKCE

3 za cenu 2

OCUTEIN SENSITIVE PLUS
oční kapky 15 ml



AURISCLEAN
Da Vinci Academia
ušní sprej 15 ml



B-komplex Forte
Da Vinci Pharma
100 + 10 tablet



Při nákupu litovinové kombinace 3 vybraných produktů z řady Da Vinci Academia a Da Vinci Pharma obdržíte nejlevnější z nich za 0,01 Kč.

PRAGA • OSTRAVA • ZLÍN • A DALŠÍ LÉKÁRNY PO CELÉ ČR

Nabídka platí od 10. 7. do 31. 8. 2023 nebo do vyčerpání zásob. Cena označená přeškrtnutím představuje nepříznivější prodejní cenu, za kterou byl produkt nabízen a produkován v kamenných Lékárnách LEMON v ČR v období před plánovanou nabídkou prezentovanou v tomto letáku. Provozovatelem nabídky je Lékárna LEMON. Účinnky z aplikací používají konzultace s lékárníkem nebo lékařem. Cílem této nabídky není podpora zvýšeného užívání léků. Změna vyhrazena, za tiskové chyby nemeňujeme. Platí pro všechny produkty uvedené v letáku.

Profesionální péče o Vaše zdraví a krásu nově také na e-shopu www.lekarnalemon.cz

Residence Villas

LEMON Pharmacy: professional care of your health

Choose online from a wide range of Lemon Pharmacy products for your whole family's health. LEMON Pharmacy has great prices, gifts and rewards. The holidays are approaching, so get ready – stop by in person, or choose from the Lemon e-shop.



Filadelfie building

JK Summer Bestsellers - Flowers that don't fade

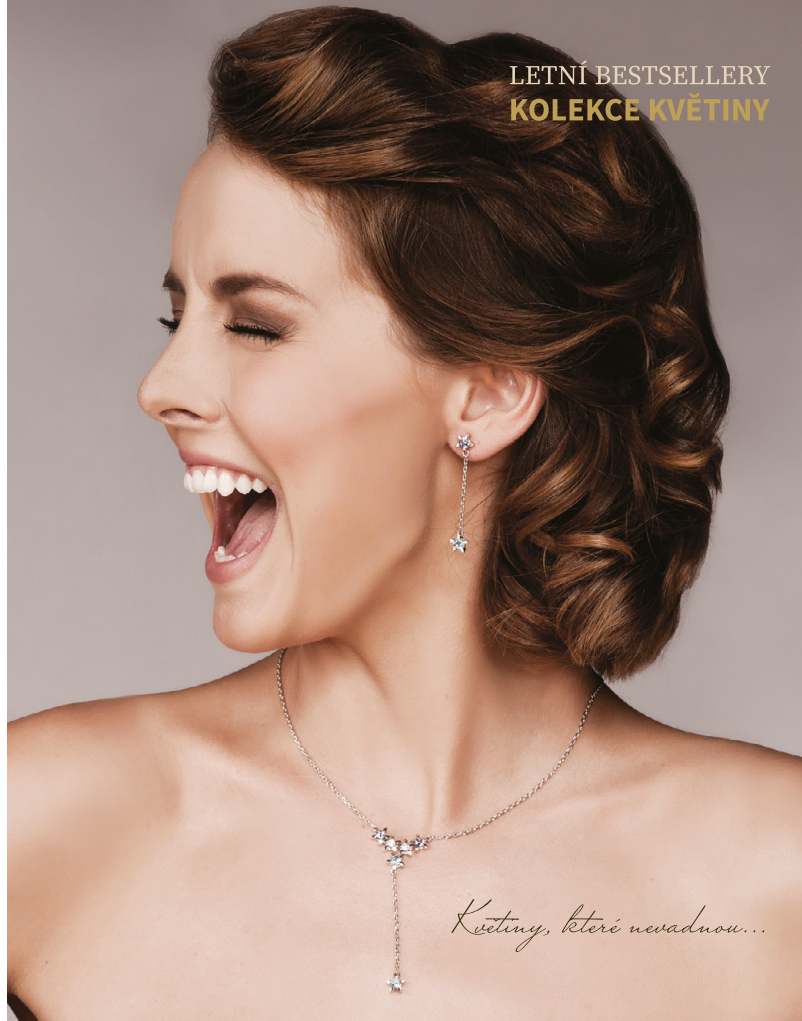
Summer is bursting with colours, scents and the beauty of blooming flowers. JK is well aware of the joy flowers bring to people, especially women. That's why they like to create flowers that do not fade and whose beauty lasts.

The jewellery from their Flowers collection is vibrant and colourful, delicate yet expressive. Lovers of simple flowers and more complex floral shapes are sure to find something just for them.

You can call in at the store in the Filadelfie building to choose from the JK collections in person. If you prefer to shop from the comfort of your home, feel free to use the **e-shop** www.jk.cz.

JK
JITKA KUDLACKOVÁ

LETNÍ BESTSELLERY
KOLEKCE KVĚTINY



Květiny, které nevadnou...



Budova B building

Summer suits from Anthony's

Anthony's has put out a new range of summer suits to keep you as cool and as comfortable as possible on hot days.

Come and see how many outfits you can dream up with just one suit.

ANTHONY'S
/ LONDON

Filadelfie building

Getting ready for the summer holidays with We Hate Ironing

Make those hectic holiday preparations far easier with We Hate Ironing. They'll get your clothes clean, fragrant and ironed, all ready for your suitcase. On request, garments prone to wrinkling are folded up tight and placed in a special bag so that they come to no harm during the journey.

The clothes-folding service is completely free and all you have to do is zip up your suitcase and hit the road. What's more, you don't have to take your clothes anywhere, as **everything can be ordered online**.

 WE HATE IRONING





Alpha building

Get your little one ready for school at Papýrek at Brumlovka

The new school range for all ages is now in stock! Papýrek has the full range of briefcases, backpacks, pencil cases, folders, satchels, aprons and much more, so come and take a look. If you want a different motif, they'll order it for you, but you already know that.

Papýrek will be closed for the holidays from July 3 to July 21.



Papýrek

Beta building

ASKO Duo Fusion Combined Hob HIG1995AB

The ASKO Duo Fusion Combined Hob HIG1995AB combines two energy sources, so there are no limits to your cooking. The large induction hob with auto-cooking programs is complemented by the powerful Fusion Volcano Wok™ gas burner, which generates a really high amount of heat that is efficiently directed to the centre of the pan with no unwanted leakage to the sides. This means the burner can maintain a high temperature, even if you add more ingredients.

The gas burner is complemented by a practical wok holder. The hob is on display at the ASKO showroom in the Beta building.

ASKO
Inspired by Scandinavia





Brumlovka

Where get an ice cream at Brumlovka

Coffee Perk - GROM gelato 460 ml containers are available at Coffee Perk in the Brumlovka building. Pick a strawberry, lime, mango, salted caramel, pistachio, or chocolate flavor.

Maranatha - the health food shop in the Brumlovka building offers vegan Czech and Italian popsicles, both sorbet and plant milk flavors.

Parkofka Café - At Parkofka, right by the Brumlovka Park, they always have one creamy and one sorbet ice cream.

Roast Grill and bistro - At the Roast Grill and Bistro in the Filadelfie building you can find Angelato gelatos in 120ml cu ps starting in July.

Tap's Coffee - At Tap's Coffee in the Filadelfie building, you'll find Fresca artisan popsicles. Choose from flavors like hazelnut, coconut, raspberry, lime, and watermelon.

UGO - fruit sorbets apricot/mango and raspberry/strawberry are available at UGO in the Beta building.

Zrno zrnko - You can also get ice cream from Zrno zrnko in the Budova B building. They always have one sorbet and one creamy flavor ready. And lately its been served in a croissant.

Will you try them all?

Brumlovka.

Brumlovka

Holiday traffic measures at Brumlovka

In early July, two independent road construction works will start at Brumlovka. Please take keep safe and respect the traffic signs. The measures may cause delays to shuttle bus services in the peak times.

Estimated work schedule: July 1 - July 31 at the latest

Due to the Pražská teplárenská hot water pipeline damage in Václava Sedláčka and Želetavská Street, Termonta Praha, a.s. will replace the ruptured pipe. Please expect partial traffic restrictions in these streets.

Estimated work schedule: July 10 – September 30 at the latest

Due to the relocation of heat and water pipelines in Jemnická street, traffic measures will be implemented in Jemnická and Telčská Streets. Due to the new route of pipelines in the axis of Jemnická Street, this street will be fully closed.

More information can be found [HERE](#).

Brumlovka.

